



Developing High Performance Sport at NUI Galway



NUI Galway
OÉ Gaillimh

Sports Strategy

- 2008 Sports Strategy
- Two distinct strands
 - Clubs and Participation
 - Elite Sport

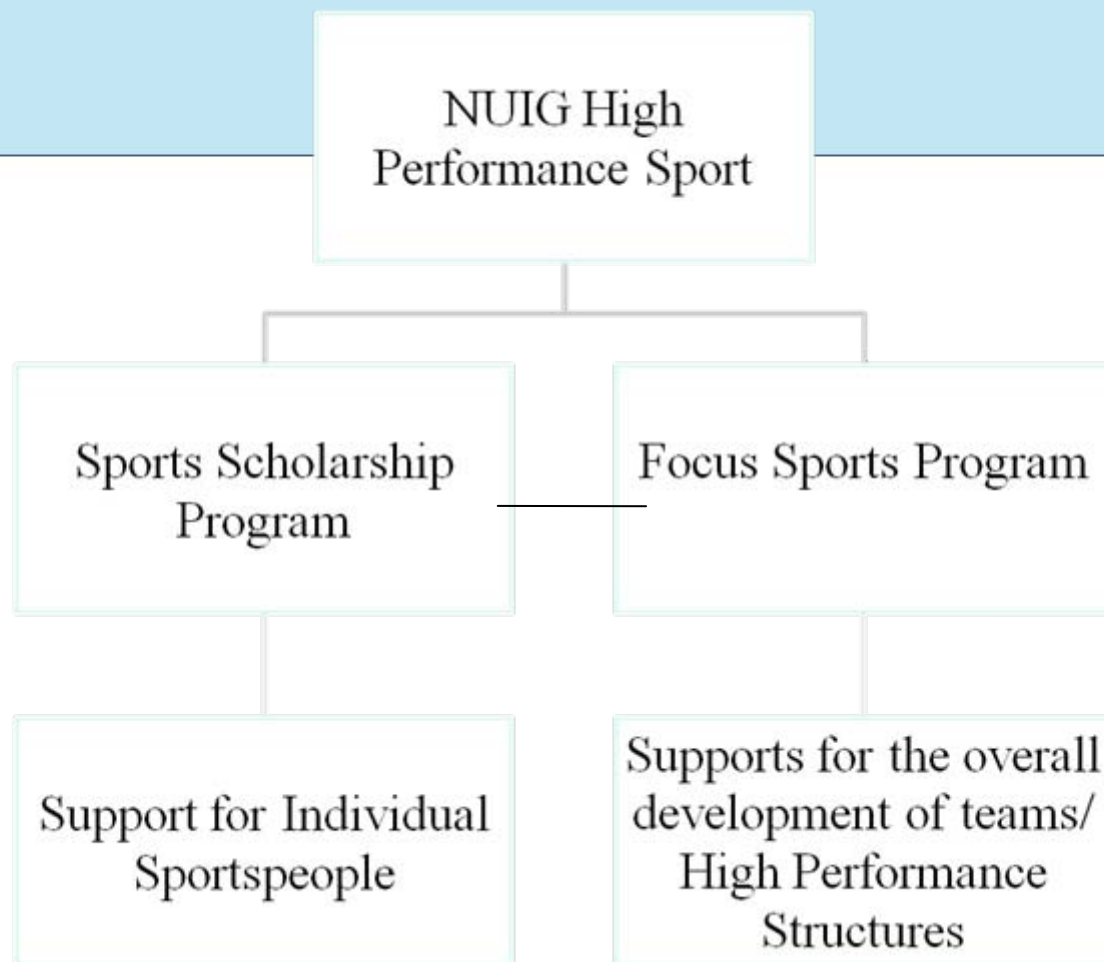


High Performance Working Group

- High Performance/ Elite
- Key Stakeholders
- Internal and External Input
- Based on EAFUN and TASS and HP systems in NGB's



Two Strands



Athlete Centred

- Not Coach, Club, County, National etc Centred
- In a University Environment its Person Centred
- Basic Principle for decision making





Sports Scholarships



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Step 1. Get the Fundamentals right

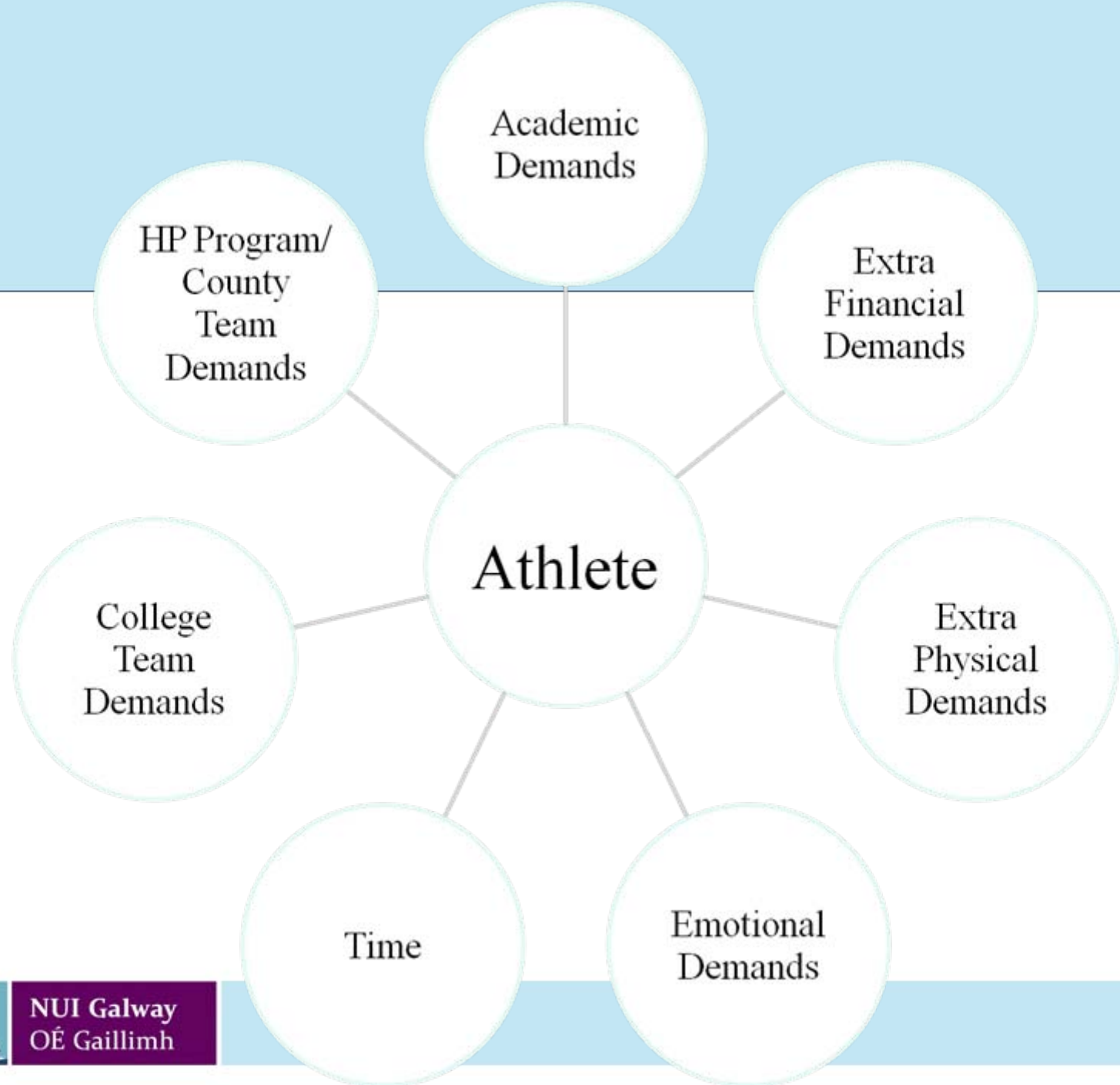
- Applications-
 - Online System
 - Benchmarks for Short listing
- Selection
 - Criteria/ Process's for Selection
- Charter
- Needs Analysis
- Budgeting -Subsistence
- What we provide, by who and to whom
- Review

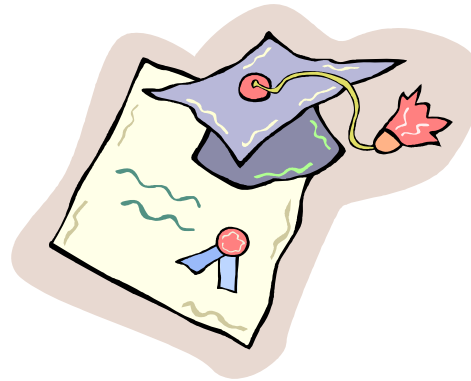
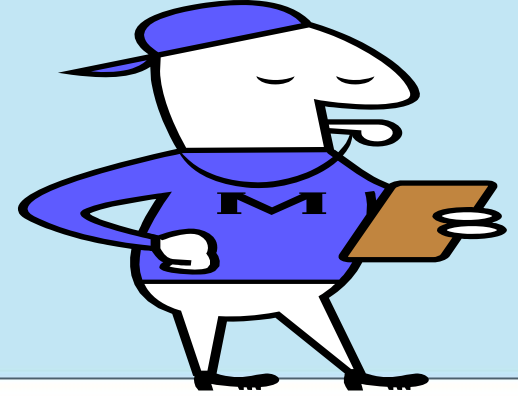
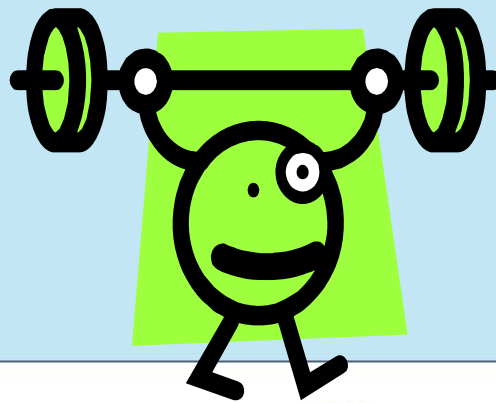


Athletes Charter

- What we expect from the Athlete
- What the athlete Should Expect from Us
- How you will keep the Scholarships
- Provides clarity on all sides
 - In all cases specific competitions
 - In some cases specific games







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Get the Right People

- Access to the **RIGHT** people
 - People of Experience, Quality, Qualified and able to understand the age group and level.
 - Interconnected, Interdisciplinary
 - Engaging



Key Advantages

- Coordination
- Specificity
- Long Term planning and View
- Education
- Support
- Overview
- Better knowledge of the athlete
- Do as I say not as I did!!!!



What are the real issues with Performance

- Personal
- Social
- Academic
- Transition to University
- Transition from Junior to Senior
- Culture
- Structures
- End of natural life cycle in sport





Success is a choice you make, failure just happens



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Focus Sports

- Hurling, Gaelic Football, Rowing, Basketball and Soccer
- 3 Year Pilot at an end clubs will now apply for one of 5/6 slots
- Must display ability to Coach, Compete, organise and sustainability. Also provide a proven pathway to the top levels of that sport.
- Around 100 additional students

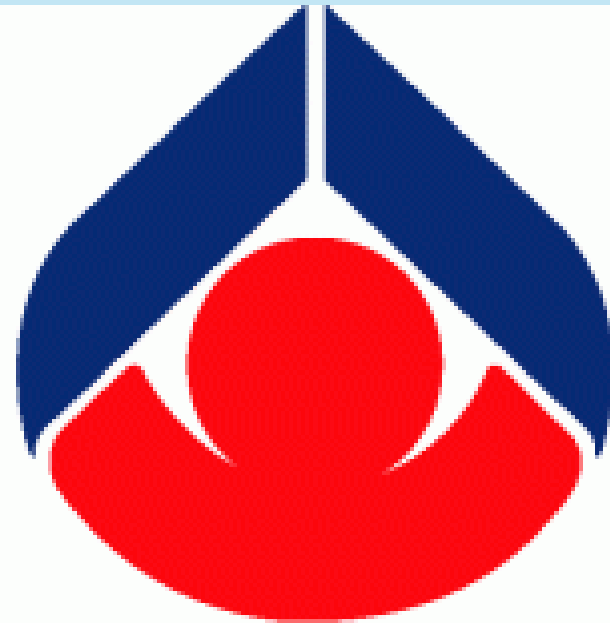




**PERFORMANCE SPORT MUST
BE SEEN AS RELEVANT TO
THE UNIVERSITY GOALS**







AUSTRALIAN INSTITUTE OF SPORT



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Key Take Aways

- Athletes **MUST** do 15 hours of work or study
- Study/ Work and Sport Balance seen as essential
- Elite Entry limited and to a maximum of 5-10% of “points”
- Elite = World or Olympic standard
- Very focused on the Athlete
- Stable structures
- There are no “sacred cows”
- Various degrees of co-operation with Universities



Now and Next

- Benchmarking of all Student Services
- Benchmarked against AIS and Australian Universities
- Expansion of all of the support services, especially on the sports science side
- Developing the internal relationships
- Changes to the criteria for retention
- More links with community
- More links with NGB's (e.g. Swim Ireland)
- Raising the level of expectation
- Recruitment



Growing the Program

- Developing Internally
- Growing the services
- Getting greater buy in from the athletes
- Getting Better athletes
- Building the Relationships



Issues

- Transition to University
- Lack of Structure
- External Structures
- Regional Sporting Culture
- Lack of Ambition, Over Satisfaction
- Clear split between those that access services= succeed those that don't fail



The Biggest Difference in Performance Sport

